

# YORKTOWN SENIOR CENTER

**(914) 962-7447**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 !!! CLOSED !!! 	2 BAKED HAM W/RAISIN SAUCE SWEET POTATOES FRENCH STYLE GREEN BEANS DINNER ROLL MANDARIN ORANGES
5 CHICKEN SAUSAGE ROASTED POTATOES PEPPERS & ONIONS CLUB ROLL PINEAPPLE CHUNKS	6 EGGPLANT PENNE BROCCOLI ITALIAN BREAD APRICOTS	7 MEATLOAF MASHED POTATOES GREEN BEANS DINNER ROLL PEACHES	8 BAKED FISH ROASTED POTATOES CARIBBEAN VEGETABLES WHEAT BREAD PUDDING	9 HONEY MUSTARD CHICKEN RICE PILAF SPINACH RYE BREAD PEARS
12 BREADED PORK CHOP HARVARD BEETS GREEN CABBAGE WHEAT BREAD PINEAPPLE CHUNKS	13 BAKED SOLE VERACRUZ RED BEANS & RICE ZUCCHINI RYE BREAD COCONUT CAKE	14 CHEESE LASAGNA SPINACH TOSSED SALAD W/CHICKPEAS ITALIAN BREAD FRUIT	15 CRISY BAKED CHICKEN BUTTERED GRITS KALE & ONIONS DINNER ROLL FRUIT COCKTAIL	16 BEEF & VEGETABLE STEW BUTTERED NOODLES GREEN BEANS WHEAT BREAD FRUIT
19 !!! CLOSED !!! 	20 STUFFED PEPPER MASHED POTATOES GREEN BEANS PUMPERNICKEL BREAD PINEAPPLE CHUNKS	21 MOLASSES CHICKEN THIGH CORN COLLARD GREENS DINNER ROLL PEACH PIE	22 SALMON W/DILL SAUCE POTATOES BRUSSEL SPROUTS RYE BREAD MANDARIN ORANGES	23 ROAST TURKEY W/GRAVY MUSHROOM ONION STUFFING CARROTS WHEAT BREAD FRUIT CRANBERRY SAUCE
26 SOLE FLORENTINE BOWTIE PASTA W/PESTO PEAS & CARROTS WHEAT BREAD PINEAPPLE CHUNKS	27 YANKEE POT ROAST SWEET POTATOES GREEN BEAN CASSEROLE DINNER ROLL CHOCOLATE CAKE	28 ORANGE GINGER CHICKEN BROWN RICE ASIAN VEGETABLES WHEAT BREAD MANDARIN ORANGES	29 MANICOTTI BROCCOLI FLORETS TOSSED SALAD W/CHICKPEAS ITALIAN BREAD FRUIT	30 BREADED PORK CHOP HARVARD BEETS WAX BEANS PUMPERNICKEL BREAD CAKE APPLESAUCE

\* Milk served daily

\*\*Menus subject to change without notice.

**IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.**

**\*\*\* SUGGESTED DONATION - \$3 PER MEAL \*\*\***