

Yorktown Senior Newsletter

FOR THE TOWN OF YORKTOWN SENIORS



NOVEMBER/DECEMBER

YORKTOWN PARKS & RECREATION DEPARTMENT

WINTER PROGRAMS

FOREVER FIT* - \$8

Winter B: January 9th - March 6th

Fridays, 7:45am - 8:45am

Location: AACCCC Gym

New winter session added:

Winter C: January 6th - March 3rd

Tuesdays, 11:45am - 12:45pm

Location: AACCCC Gym

DANCE & EXERCISE* - FREE

Winter: January 9th - March 13th

Fridays, 10:45 - 11:45am

Location: AACCCC Gym

SENIOR LINE DANCING* - FREE

Winter: January 7th - March 25th

Wednesdays 12pm-1pm

Location: AACCCC Gym

SENIOR PAINTING* - A \$50 B \$10

Winter: January 5th - March 23rd

A- Mondays, 9:30-11:30

B - Mondays, 10:30am-11:30am

Location: Sparkle Lake

KNITTING CLUB - FREE

Thursdays 10:00am-12pm

Location: AACCCC Room 16

*Availability subject to change

YORKTOWN PARKS AND RECREATION OFFICE

Location: AACCCC Room 122 **Registration Hours:** Monday-Friday 8:30am-4:00pm

Registration: <http://register.capturepoint.com/Yorktown> OR **Call** (914) 245-4650



John C. Hart Memorial Library

Yarn-O-Rama! November 22nd 11am-1pm*



Whether you're a seasoned pro or you have never held knitting needles or a crochet hook before, you're invited! Supplies will be provided, including instructional materials. Come make some new friends and get started on that winter sweater or blanket now!

Escape From Behind Enemy Lines November 12th 6pm-7pm*



The Shelburne Line was a World War II escape network operating in occupied France which returned 136 allied servicemen to England in 1943-44. The French Resistance located downed airmen and hid them from the Germans utilizing a series of safe-houses. Once a month—during dark of the moon—the men were transported to the Brittany coast to meet a British Motor Gun Boat which would return them to England. Join Rick Feingold, as he recounts the story of how his father Lt. Louis Feingold, a B-17 U.S. Army Air Force navigator, escaped Nazi capture.

Tree Lighting December 12th & Holiday Show December 13th



The Phoenix Theatre & Arts Co's Candy Cane Carolers are returning for their fifth season of merriment! They will perform classic carols, including: Away in a Manger, Rudolph the Red-Nosed Reindeer, I Have a Little Dreidel, and more! Interspersed with several holiday poems & short readings! Tree Lighting 12/12 from 6pm-7:30pm Holiday Show 12/13 from 2pm-4pm.

*Registration Required on Library's website <https://yorktownlibrary.org/adults-programs/>

“BIBLES OF YORKTOWN”

A new exhibit at Yorktown Museum

On display are books from some of the founding families of Yorktown. More than just bible stories, these bibles tell the story of a community.

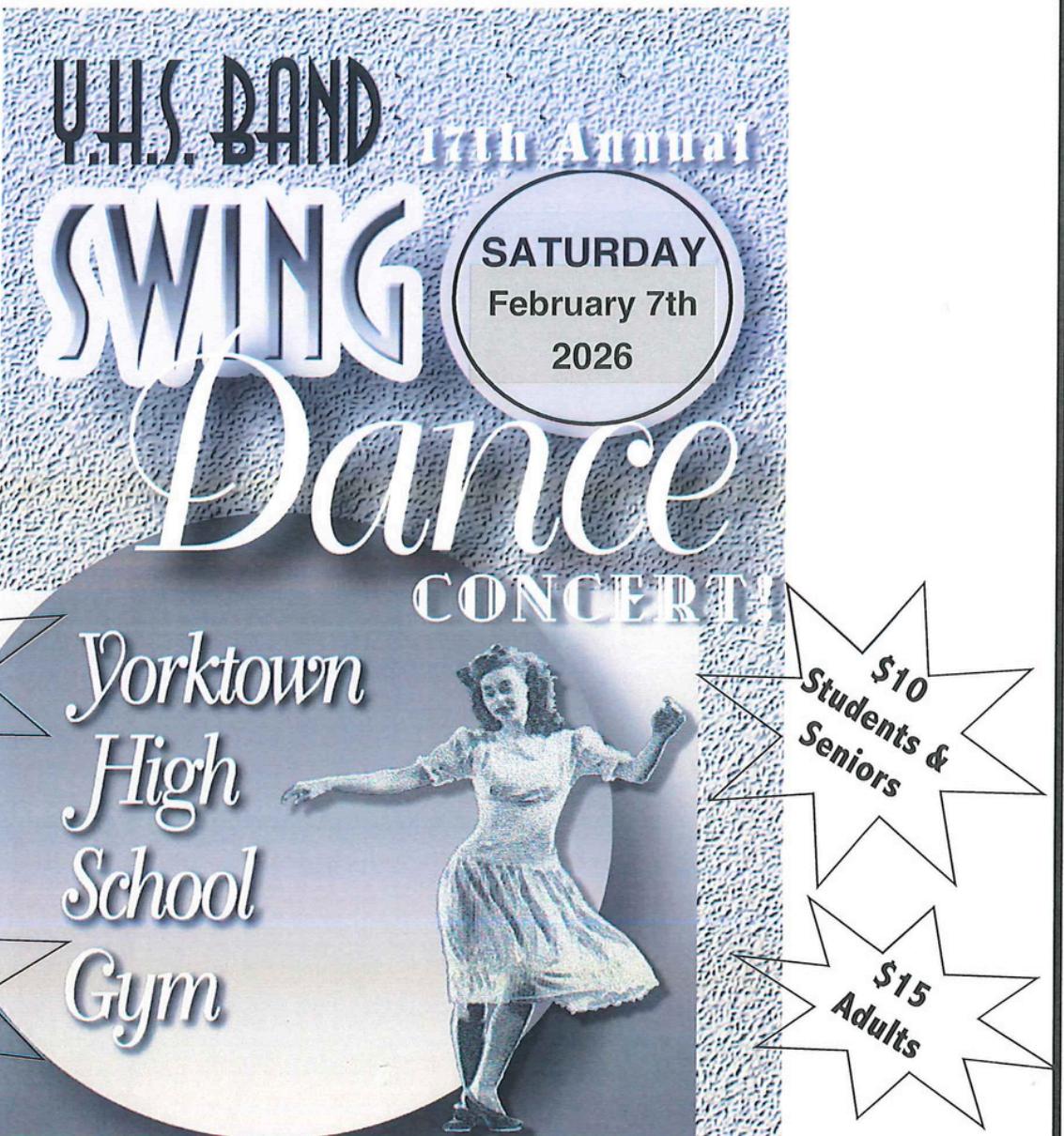


Albert A. Capellini Community & Cultural Center

Open Monday-Friday 9am-4pm

You're Invited!!

to the



Professional Dance Lesson 7:00 - 8:00 PM

Live Music and Dancing 8:00 - 10:30 PM

OR: Sit back, enjoy some live music, and support our music students!
Fun family event ~ All ages welcome ~ Swing Era attire encouraged

* For more info contact YHS Band Director Emily Kluga at ekluga@yorktown.org or 914-243-8050 *

UPCOMING EVENTS

VETERANS DAY PARADE

East Main St. Lakeland High School to
Shrub Oak Honor Roll Veterans Memorial

November 9th
2pm

VETERANS DAY CEREMONY

The Veteran Memorials Circle
363 Underhill Ave

November 11th
11am

HOLIDAY ELECTRIC LIGHTS PARADE

Commerce St.

December 6th
6pm

TREE LIGHTING

HOLIDAY SHOW

December 12th 6pm-7:30pm

December 13th 2pm-4pm

John C. Hart Memorial Library

January 10th
10am-2pm

HEALTH AND WELLNESS FAIR

Hudson Valley Gateway Chamber of Commerce

Jefferson Valley Mall

Y.H.S BAND SWING DANCE CONCERT

Yorktown High School Gym

February 7th

7pm-10:30pm

For more info, view the Town Calendar:

<https://www.yorktownny.gov/calendar/month/2025-11>

2026 Senior Club Trips

AARP Chapter #3297

- **May 29th - June 1st, 2026 - Washington, DC Trip**

Guided Tours throughout our Nation's Capital. 4 Days, 3 Nights. **\$570***

*Price per person based on double occupancy. Add \$230 for single occupancy.

Friends of JV Travel

- **April 23rd, 2026 - Catch Me If You Can Show & Luncheon**

A High flying musical comedy about chasing your dreams and not getting caught. Location: White Plains Performing Arts Center

Includes Family Style Luncheon at Pax Romana Restaurant. **\$155** per person

- **Aug 24th - 28th, 2026 - Cape Cod & Martha's Vineyard Trip**

Guided Tours of seaside towns, visit the JFK Museum and more! 5 Days, 4 Nights. **\$725*** *Price per person based on double occupancy. Add \$155 for single occupancy.

Shrub Oak Seniors

- **March 26th, 2026 - Resorts World Casino Catskills**

Casino Perks: \$25 Slot Play and \$10 Food Voucher. **\$50** per person

JOF Travel Club

- **March 17th, 2026 - Andy Cooney's Irish Cabaret**

Andy brings his renowned troupe of entertainers for a high-energy concert showcasing the best in Irish Music, Comedy and Dance. Revel in an afternoon of delicious food and toe-tapping tunes and fun. Includes transportation, fantastic served lunch, all for **\$140**.

My best wishes to all for a Happy Thanksgiving, a beautiful Hanukkah, a very Merry Christmas, and a wonderful happy and healthy New Year.
For reservations call Jim Higgins @ 914-302-2836

SENIOR CLUBS

AARP CHAPTER #3297

Meeting Dates: 2nd Wednesday of each month, 2:00-4:00pm

Location: AACCCC Nutrition Room

President: Julie Nielsen (914) 522-0702

ST. PATRICK'S SENIORS

(For Members Only)

Meeting Dates: 3rd Tuesday of every month, 10:00am

Location: St. Patrick's Church

Contact: Carol Manse (914) 245-2953

FRIENDS OF JEFFERSON

VILLAGE

Contact: Rich DeSilva (914) 962-7723

SHRUB OAK SENIORS

Meeting Dates: Monday, 10am-1pm

Location: AACCCC Room 16

Contact: Bea Perkins (845) 661-5479

JOF TRAVEL CLUB

Contact: Jim Higgins (914) 302-2836

Email: travelclub024@gmail.com

ST. PATRICK'S WIDOWS & WIDOWERS

First Tuesday of each month

Location: St. Patrick's Church

Contact: Ada Ereno (914) 214-8060

YORKTOWN SENIOR CENTER

Programs are funded through the Department of Health & Human Services, N.Y. State Office of Aging, Westchester County Department of Senior Programs & Services, and the Town of Yorktown.

Nutrition Program

Seniors 60 years and older, join us for lunch at the Yorktown Senior Center. Eat with friends and meet new people! Hot lunch is served in the Senior Center, Monday - Friday at 12 pm. Reservations are required at least one day in advance by 1:00 pm. Suggested donation is \$3.00. Please contact the Senior Center for more information or to make a reservation. Monthly Menu can be found online at www.yorktownny.gov/senior

TIPS (Telehealth Intervention Programs for Seniors)

Participants can have their vital signs- blood pressure, blood oxygen levels and weight checked every Monday from 9:00 a.m. - 11:00 a.m. by a trained technician at no cost to the participant. The data is transmitted to a nurse who reviews it remotely. If there is cause for concern, the nurse will contact the patient.

Programs

Yorktown Senior Center provides many different and fun activities, programs and events throughout the year. Programs and activities include but not limited to: Card Games & Bingo - Monday - Friday from 10am to 12pm - Exercise Classes - Monthly Speakers - Shopping

Homebound Meals and Transportation

For more information, visit www.yorktownny.gov/senior or connect the Senior Center (914) 962-7447.

Director: Noreen O'Driscoll **Office Hours:** Mon-Fri 9:00am-2:30pm

Location: AACCCC Building (1974 Commerce St. Yorktown Heights)

YORKTOWN SENIOR ACTIVITIES CALENDAR

Funded through the Department of Health & Human services, N.Y. State Office for Aging, Westchester County Department of Senior Programs & Services, and the Town of Yorktown

All Lunches Served at 12pm

NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SENIOR PAINTING <u>SHRUB OAK: 10AM-1PM</u> Lunch: Eggplant Parmigiana	4 	5 LINE DANCING MAH JONGG Lunch: Crispy Baked Fish	6 KNITTING CLUB FALL PREVENTION Lunch: Meatloaf w/ gravy	7 DANCE & EXERCISE FOREVER FIT Lunch: Country Captain Chicken
10 SENIOR PAINTING <u>SHRUB OAK: 10AM-1PM</u> Lunch: Salisbury Steak	11 	12 CHAIR YOGA LINE DANCING MAH JONGG AARP MEETING Lunch: Honey Mustard Chicken	13 KNITTING CLUB Lunch: Yankee Pot Roast	14 DANCE & EXERCISE FOREVER FIT Lunch: Cheese Lasagna
17 SENIOR PAINTING <u>SHRUB OAK: 10AM-1PM</u> Lunch: Macaroni & Cheese	18 FOREVER FIT <u>ST. PATRICK'S SENIORS 10AM</u> Lunch: Breaded Pork Chop	19 LINE DANCING MAH JONGG Lunch: Egg Salad	20 KNITTING CLUB Lunch: Salmon w/wild rice	21 FOREVER FIT <u>SENIOR ADVISORY COMMITTEE 1PM TOWN HALL</u> Lunch: Turkey A La King
24 <u>SHRUB OAK: 10AM-1PM</u> Lunch: Sole Florentine	25 FOREVER FIT Lunch: Celebrate Thanksgiving! Roast Turkey, Cornbread Stuffing, Pumpkin Pie & more!	26 LINE DANCING Lunch: Spinach Quiche	27 	28

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*December senior lunch calendar not yet available.
Visit <https://www.yorktownny.gov/senior/nutrition-program-monthly-menu> for menu

DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <u>SHRUB OAK: 10AM-1PM</u> *Lunch	2 FOREVER FIT *Lunch	3 LINE DANCING MAH JONGG *Lunch	4 KNITTING CLUB *Lunch	5 FOREVER FIT *Lunch
8 <u>SHRUB OAK: 10AM-1PM</u> *Lunch	9 FOREVER FIT <u>WIDOWS AND WIDOWERS</u> *Lunch	10 LINE DANCING MAH JONGG <u>AARP MEETING</u> *Lunch	11 KNITTING CLUB *Lunch	12 FOREVER FIT <u>Shrub Oak Tree Lighting 6pm-7:30pm</u> *Lunch
15 <u>SHRUB OAK: 10AM-1PM</u> *Lunch	16 <u>ST. PATRICK'S SENIORS 10AM</u> *Lunch	17 LINE DANCING MAH JONGG *Lunch	18 KNITTING CLUB *Lunch	19 <u>SENIOR ADVISORY COMMITTEE 1PM TOWN HALL</u> *Lunch
22 <u>SHRUB OAK: 10AM-1PM</u> *Lunch	23 *Lunch	24 *Lunch	25  *Lunch	26 *Lunch
29 <u>SHRUB OAK: 10AM-1PM</u> *Lunch	30 *Lunch	31 *Lunch		